TAO OF HORSEMANSHIP™, INC.
Creating the Way for Ease and Unity

An Intuitive, Heart-felt and Clear Approach to Horsemanship

Questionnaire

Your thoughtful responses to the following questions will assist Caroline in helping you to
to learn in the best *learning mode* possible for you and your horse.

No matter where you are in the wide range of possible aptitude and skill levels, Caroline's approach
Will assist you in expanded awareness and insights. Caroline's experience and knowledge about horse
behavior will also provide you with a great understanding about horse physiology and psychology.

To better assist you in your learning, please be aware of how you learn. There are 3 main learning modes from
which humans learn from: *Experiential Learning, NLP and Kinesthetics.*

Simply put, *experiential learning* is learning from experience. It is also a way in which we
derive meaning from our experience - how we conceptualize, process and understand
what we've experienced.

NLP, *Neuro-linguistic programming*, is another way in which we process information and learn from our
senses: hearing, observing and action, by means of doing. The benefit to NLP is
that it is connects both our language skills and behavioral patterns (ways of doing) that have been learned
through experience and then organizes them to achieve a specific goal, or outcome.

Another form of experiential learning is Kinesiology. This is the study of movement and how it is applied. This
is where you use your limbs, hands and arms, as extensions of you, your intention and energy, to communicate
your requests, desires, with your horse. *Kinesthetics* is another form of Kinesiology, and where one possesses
an advanced level of tactile intelligence - having the ability to experience, and understands one's environment
through "feel," and the senses.

Please complete the following and email, or mail, to Rider Horsemanship:
1400 NW, 150th Ave., Ocala, FL 34482 or scan and email to: Info@riderhorsemanship.com

Name: _____

Date: _____ **Date of Clinic:** _____

Please feel free to add additional paper and/or use as much space as needed for your answers on back of questionnaire.

What is your age and physical condition?

What do you do for exercise?

How long have you ridden horses? Trained horses? Owned horses?

What is your current involvement with horses?

What are your long term goals with respect to horses?

Please provide a candid assessment of your limitations. This could be a physical limitation, emotional concerns where learning new things is concerned, could be anything. This information will help in developing a flexible, customized approach to you and your horse, and the dynamic between you in the circumstances that unfold over the course of the program.

Do you take riding or driving lessons currently? Please explain the methods you are learning and your current goals you are trying to achieve with this approach.

What aspects of horsemanship are most important to you?

What other things do you do to improve your horsemanship?

What specifically about your horsemanship would you like to improve through working with Caroline?

Have you worked with Caroline previously? If so, have you been able to develop and expand on any of the things you learned, please be as specific as possible here.

INFORMATION ABOUT THE HORSE(S) I WILL BRING TO THE COURSE
(please complete a separate form for each horse)

If you are NOT bringing your own horse, please complete this questionnaire as it will assist Caroline in tailoring the course to meet your personal needs and goals with your horse.

NAME:_____AGE & GENDER:_____

BREED:_____ COLOR:_____ HEIGHT:_____

OWNED SINCE: _____ RIDDEN SINCE: _____

Please describe the horses you are bringing to the course . . . include details physical and mental condition, past and current training, and use history. If there is something that you feel especially proud of, do not hesitate to let Caroline know. If there is something about the horse that you are not feeling good about, and it was not already stated in your answers to the previous questions, please state that situation, episode or character trait as clearly as you can.

Why are you including these horse(s) in the course?

If not already stated, what is your assessment of your horse's strengths? Limitations?

What do you like best about the horse that you are working with?

What do you like least about this horse?

Are these horse(s) well suited for the current work you do together?

What short-term and long-term goals have you set for your horse, if any?

If or when your horse becomes pushy or distracted, and if he bumps into you or cannot seem to give you the space you require, please describe the circumstances. Write as much about this as you like, use more paper if needed.

Does your horse come to you?

How does your horse walk with you?

How does your horse lunge? Are they calm, rhythmic? Do they pull away, try and come into you? How do you handle them?

How does your horse handle a round pen and transition work?

How does your horse handle being groomed tacked up? Do they stand quietly, still or do they need to be cross-tied?

How does your horse handle their feet being picked up? The farrier, vet, deworming?

How is your horse when mounting/dismounting? Once on?

How are their upward and downward transitions?

Turns to the left and right in hand?

Turns left and right when mounted?

How does your horse act/react when working around other horses?

How does your horse behave out on the trail? By themselves? With other horses?

What amount of time do you set aside in order to load your horse a trailer, and how would you describe the experience of loading and unloading this horse from the trailer?
Please include details such as: what types of trailers does he load into easily? What sort of trailer presents you or the horse with a formidable challenge when it is time to go somewhere?

What type of consistent training has your horse had? 3 months, 6 months, 1 year, longer?
(This does not include regular clinic participation.)

Have you schooled your horse in "collection" or "in a frame"?
If so, was this with or without the use of training aids (draw reins, bitting rigs, side reins, running martingales, etc.)? Please explain.

Thank you for giving your thoughtful consideration to these questions!